

Week 4 Breakfast and Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers	Made to Order Breakfast Cage Free Local Eggs and Omelets Made to Order Local Yogurt, Granola and Fruit Bar Toast & Bagel Bar Sausage Links Cajun Potatoes Canadian Ham, Egg and Cheese on English Muffin	Made to Order Breakfast Cage Free Local Eggs and Omelets Made to Order Local Yogurt, Granola and Fruit Bar Toast & Bagel Bar Bacon Home Fries Blueberry Pancakes	Made to Order Breakfast Cage Free Local Eggs and Omelets Made to Order Local Yogurt, Granola and Fruit Bar Toast & Bagel Bar Turkey Sausage Links Garlic and Herb Potatoes Bacon, Egg and Cheese Bagel	Made to Order Breakfast Cage Free Local Eggs and Omelets Made to Order Local Yogurt, Granola and Fruit Bar Toast & Bagel Bar Turkey Bacon Breakfast Potatoes French Toast Slicks	Made to Order Breakfast Cage Free Local Eggs and Omelets Made to Order Local Yogurt, Granola and Fruit Bar Toast & Bagel Bar Sausage Patty Hash Browns Sausage, Egg and Cheese Croissant	Made to Order Breakfast Cage Free Local Eggs and Omelets Made to Order Local Yogurt, Granola and Fruit Bar Toast & Bagel Bar Breakfast Meats Potatoes du Jour Assorted Pastries	Made to Order Breakfast Cage Free Local Eggs and Omelets Made to Order Local Yogurt, Granola and Fruit Bar Toast & Bagel Bar Breakfast Meats Potatoes du Jour Assorted Pastries
MARKET DELI	Deli-Bar with a selection of local meats, cheese, accoutrements, composed salads and a variety of rolls, wraps and local breads.	Deli-Bar with a selection of local meats, cheese, accoutrements, composed salads and a variety of rolls, wraps and local breads.	Deli-Bar with a selection of local meats, cheese, accoutrements, composed salads and a variety of rolls, wraps and local breads.	Deli-Bar with a selection of local meats, cheese, accoutrements, composed salads and a variety of rolls, wraps and local breads.	Deli-Bar with a selection of local meats, cheese, accoutrements, composed salads and a variety of rolls, wraps and local breads.		
<i>Main Plate</i> 	Potato Chip Chicken Fried Tofu Roasted New Potatoes Broccoli & Cauliflower Medley Roasted Butternut with Vermont Maple Glaze	Shaved Steak French Dip Sandwich Sautéed Mushroom, Onion, and Pepper French Dip Beef Jus and Vegetable Jus Hoagie Rolls Sweet Potato Fries	Jerk Chicken Jerk Marinated Tempeh Jamaican Beef Patties Coconut Rice with Peas Sweet Fried Plantains	Grilled Local Kielbasa Sausage Grilled Local Vegan Bratwurst Potato Pancakes Sour Cream and Applesauce Rokitahl and Sauerkraut	Taco Bar w/ Corn or Flour Tortillas Carnitas (Mexican Slow Cooked Pork Shoulder) Beyond Meat Vegan Crumble Mexican Zucchini Local Cheese, Sour Cream, Salsa, and Guacamole	Chef's Choice	Chef's Choice
	Brussel Sprouts with Apples Chef Salad Bar Tomato & Cucumber Salad with Lemon Olive Oil	Local Organic Kale Chef Salad Bar Potato Salad	Grilled Jamaican Vegetable Medley Chef Salad Bar Caribbean Salad with Honey Lime Dressing	Roasted Carrots with Olive Oil and Parsley Chef Salad Bar German Cucumber Dill Salad	Shredded Lettuce and Diced Tomato Chef Salad Bar Chop Chop Salad with Corn and Black Beans	Chef's Choice	Chef's Choice
	Soup Made to Order Daily	Soup Made to Order Daily	Soup Made to Order Daily	Soup Made to Order Daily	Soup Made to Order Daily	Soup Made to Order Daily	Soup Made to Order Daily

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Denotes Vegetarian Item
 Denotes Vegan Item
 Denotes Gluten-Free Item